

KENDRIYA VIDYALAYA NO-3 CUTTACK

NDRF, MUNDALI

E-NEWS LETTER



PRIMARY WING

SESSION-2023-24

MESSAGE FROM THE PRINCIPAL



It gives immense pleasure to inform everybody that primary wing of K.V. No-3, Cuttack, NDRF, Mundali is publishing Newsletter for the session 2023-24. This is one of the platforms which nurtures the inner talent and potential possessed by the students from balvatika-3 to class-V. I congratulate to all the staffs and students for their contribution towards this.

My best wishes to all my staffs and students for better days ahead.

MESSAGE FROM CMP INCHARGE



It gives me immense pleasure that we are going to bring out the Newsletter for the Primary Wing for the session 2023-24. This Newsletter is a show case of multifarious activity, outstanding performance and achievements of Primary children. It is a platform for the small kids to express their thought and talents. It also highlights our concern about the tender mind to make them strong enough to face the challenges of life. It is a source of inspiration for the tiny tots. My message is to be discipline, have confident and work hard, success will automatically come in your way.

My sincere thanks to all the concerns who tried their best to prepare this Newsletter for the session 2023-24.

CHIEF PATRON- MR. A K SAHOO

PATRON- MR. S K SAHOO

EDITOR- MR D P NAIK

PRIMARY SECTION AT A GLANCE

STAFF DETAILS

❖ **TOTAL NO OF PRIMARY STAFF- 14**

1. Mr. Sarat Kumar Sahoo- PRT
2. Mr . Sitaram Meena- PRT
3. Mr. Deba Prasad Naik- PRT
4. Miss. Sonali Swain-PRT
5. Miss. Seema Biswal-PRT
6. Mrs. K M Sarasthi-PRT
7. Mr. Pawan Kumar-PRT
8. Mr. Sarat Chandra Mishra-PRT MUSIC
9. Miss. Pragyan Paramita Sahoo-PRT
10. Mr Rohit Mohapatra-PRT
11. Mrs. Rojalin Sahoo- NTT
12. Mr. Arabinda Birabar Harichandan- Computer instructor
13. Miss. Nibedita Rath- Yoga Instructor
14. Mrs. Madhusmita Sahoo- Special Instructor

❖ **MALE- 7 FEMALE- 7**

TOTAL NO OF STUDENTS- 357

CLASS /SECTION	BOY	GIRL	TOTAL
BALVATIKA-3	26	21	47
IA	25	20	45
IB	24	21	45
IIA	18	21	39
IIB	16	22	38
III	26	21	47
IV	40	13	53
V	23	20	43

❖ **TOTAL CUBS- 32**

❖ **TOTAL BULBUL- 32**

ACHIEVEMENT OF OUR TINY TOTS

GOLDEN ARROW AWARD

- 1. DAMAYANTEE BEHERA —CLASS V**
- 2. BHAKTI PRABAKTA SWAIN—CLASS V**
- 3. SWAYAM SANJIBISA SWAIN—CLASS V**
- 4. ARYAN MOHANTY——CLASS V**
- 5. AYUSH KUMAR YADAV—CLASS IV**

CUBS AND BULBULS UTSAV CUTTACK CLUSTER

MONTH- JANUARY 2024



GREETINGS (CUBS)—— 1ST



SKIT - 1ST



TOUCH AND SMELL (CUBS)——2ND

SRIDUTT DASH -CLASS IV



GREETINGS (BULBULS)——3RD

GRANDPARENTS DAY CELEBRATION

MONTH- JANUARY 2024



What children need most are the essentials that grandparents provide in abundance. They give unconditional love, kindness, patience, humour, comfort, lessons in life. A child needs grandparent to grow a little more securely into an unfamiliar world.”





CHILDREN'S DAY CELEBRATION

MONTH-NOVEMBER 2023



Children's Day holds immense significance as it serves as a platform to raise awareness about children's education, rights and the need for accessible care for all. Jawaharlal Nehru once said, "The children of today will make the India of tomorrow," emphasized the importance of children in shaping the future of the country.

"Building capacity dissolves differences. It irons out inequalities."

WELCOME CEREMONY BALVATIAK-3

MONTH- SEPTEMBER 2023



According to NEP 2020, Vatika programme is designed as a preparatory class for children before Grade 1 with a focus on developing cognitive, affective and psychomotor abilities through learning by fun classes.

“If you want to shine like a sun, first burn like a sun.”

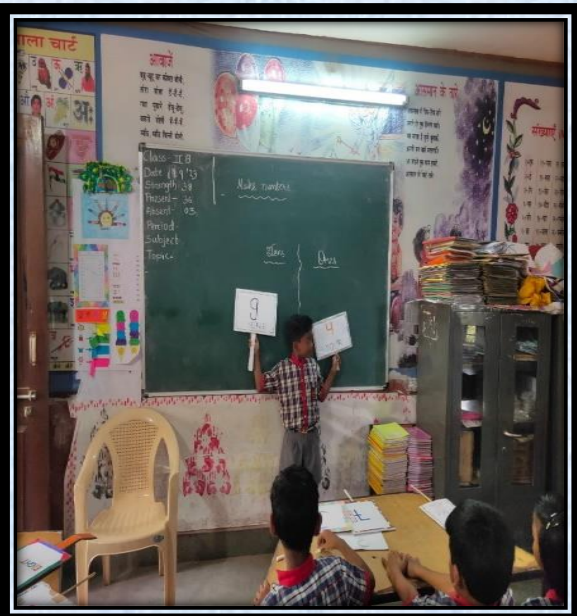
FLN ACTIVITIES



“Failure will never overtake me if my definition of success is strong enough”



LEARNING BY DOING



To conclude, the objective of the Foundational Literacy and Numeracy (FLN) framework is to provide students with a strong foundation in reading, writing, and numeracy abilities during their early years of education



“Don't take rest after your first victory because if you fail in the second, more lips are waiting to say that your first victory was just luck.”

LANDING OF CHANDRAYAN-3 ON THE SURFACE OF MOON

MONTH- AUGUST 2023



Chandrayaan 3 was launched at 2.35 pm on July 14, 2023 from the Satish Dhawan Space Centre, India. The Vikram rover performed a successful soft landing on the moon at 6,30 PM on August 24, 2023. After performing various in-situ experiments, the rover was put to sleep on September 2nd, 2023

“Dream is not that which you see while sleeping it is something that does not let you sleep.”

CUBS AND BULBULS UTSAV

MONTH- JANUARY 2024



Character building is its aim. Instilling self – discipline and thoughtfulness for others, at a tender age, is the major focus, of the activities designed for this group.

“To succeed in life and achieve results, you must understand and master three mighty forces— desire, belief, and expectation.

COMMUNITY LUNCH
MONTH- NOVEMBER 2023



The main purpose of organizing this programme is one should not have the difference among themselves like caste, creed or religion. The lunch prepared by their parents at home should be brought to school and it should be shared among other children.

CCA ACTIVITIES



SKIT COMPETITION

- Acting helps develop public speaking skills.
- Writing and performing a “skit” fosters team-building skills.
- Drama improves self-confidence.
- Character acting/performing keeps us physically active and mentally sharp.
- Performing in plays improves pronunciation and enunciation skills.



RANGOLI COMPETITION

YOGA ACTIVITIES



PADMASAN



TADASAN



VRIKSHASANA

TOP YOGA POSES FOR THE STUDENTS

1. Padmasana (lotus pose)

It is an easy pose that will help you calm your mind and improve focus. This asana will help students enhance memory and concentration by promoting a state of tranquillity.

2. Halasana (plow pose)

Students can achieve balanced blood circulation to the brain and stimulate the nervous

system by doing halasana. Good blood circulation in the brain area improves brain functioning, which leads to sharp memory and great concentration.

3. Vrikshasana (tree pose)

Vrikshasana involves focusing on a single point, which will help students develop concentration. This pose also improves lower body strength.

**4. Tadasana (the mountain*
pose)**

*It improves posture, opens up
the chest and lengthens the spine.*

*Gently strengthens the thighs,
buttock and leg muscles.*

*It is also beneficial in
increasing awareness and
concentration.*

SPORTS ACTIVITIES



“Education is the creation of a sound mind in a sound body.”- Aristotle

ART AND CRAFT (PAPER CUTTING DEMONSTRATION)

MONTH- FEBRUARY



“Education is not filling the mind with a lot of facts. Perfecting the instrument and getting complete mastery of my own mind is the ideal education”- Swami Vivekananda

CREATIVE CORNER OF TINY TOTS



One of the primary skills gained from drawing is creative ability. By engaging in imaginative and expressive drawing exercises, individuals master thinking outside the box, explore different perspectives, and boost their unique artistic style.

WINTER TIME

*Winter season is here
With a cold and frosty day
Oranges and carrots are here
To be eaten everyday
Winter season is here
With a cold and foggy day
Woolens are here
To be worn everyday
Winter season is here
With a cold and frosty day
Heaters are here
To be switched on everyday
Winter season is here
With a cold and frosty day
Quilts are here
To be put on night and day
Winter season is here
With a cold and frosty day
Geysers are here
To give you warm water
everyday.*

Priyanshi Patel

Class-III

HOW TO BE A SMART STUDENT

- *Work hard and Smart.*
- *Stop complaining and Start looking for Solutions.*
- *Take note of corrections when you fail.*
- *Have an inner motivation.*
- *Build a good Support System.*
- *Stop procrastinating.*

Mrs. K M Sarasthi

Primary Teacher

ON THE WAY OF MY JOURNEY

On the way of my journey,
From home to the destination,
Sometime very crowded, sometime
very lonely
But that doesn't matter
Whether it is rainy or sunny..
On the way of my journey
From home to the destination,
Some moments are so interesting
,some are so bad
But that doesn't matter
Whether I am happy or sad.
On the way of my journey
From home to the destination,
Sometimes I drive slow,
sometimes very fast,
But that doesn't matter
Whether I am active or smart.

On the way of my journey
From home to the destination,
I buy so many things which cost
less or more
But that doesn't matter
Whether I am rich or poor.
On the way of my journey
From home to the destination
I face so many obstacles which are
new and old
But that doesn't matter
Whether I am weak and strong.
On the way of my journey
From home to the destination,
I learn so many things which are
right and wrong
But that doesn't matter
Whether I am old or young.
On the way of my journey
From home to the destination
I will not take rest without any
reason
I will continue my journey with
a new hope and new situation.

Sarat Kumar Sahoo

Primary Teacher

LIFE

LIFE IS A BEAUTIFUL GIFT.

GOD gives us so many things, out of these LIFE is a priceless gift ever in this universe. We should always thank GOD for giving us the graceful life. One important aspect of life is that it keeps going forward means nothing is permanent. There should be a reason to stay in nature. A happy occasion will come and pass like a sad one, this is because nothing will stay forever. Everything shall pass. These are the beauty of life. Many people become very sad due to failure in life. But take attention to this – Every situation has its 2 side. One is bright side and other one is dark side. In our mother earth, also the rotation of bright and dark is going on throughout life. So, we have to find out the reason behind the darkness period and that will give us the key to the bright side. In my points of view the reason of darkness will overcome if we add 'VALUES' in our life.

Values in our life refer to the principles, beliefs that guide our behaviors, decisions. It provides a basement for understanding what is important and meaningful to us. Values include honesty, kindness, integrity, family, personal growth and social responsibility among others. Living by our values can contribute to a sense of authenticity and overall, well – being. Now everyone should try to make their life more meaningful and

*significant by adding values in them.
This is the life we have with us and this
is how we can overcome from the
darkness to the bright side of our life.
In conclusion, we should be very
thankful to GOD for giving us such a
beautiful precious gift – 'LIFE'.*

**Moral – Values in life is the key to
become a successful human-being.**

Miss Seema Biswal

Primary Teacher

नंदनकानन जू

मैंने देखे बहुत जानवर
नंदन कानन जू में
अलग-अलग पक्षी देखे
शेर भी देखा, मगरमच्छ भी
सांप बहुत सारे, तरह-तरह की
सुंदर-सुंदर मछली देखी, हाथी देखा,
तरह-तरह चिड़िया देखी नंदनकानन जू में
यही पास में बना हुआ है
सुंदर सा इक जू है
आप भी जाओ देख के आओ
यह सब नंदनकानन जू में।

आयुषी

कक्षा -3

बेटी

बेटी है अनमोल उपहार
शिक्षा है उसका अधिकार।
भगवान के सृष्टि है बेटी,
घर की खुशी है बेटी।
जिंदगी को जिंदगी से जोड़ते जाओ,
बेटी बचाओ और बेटी पढ़ाओ।
कितनी खुशी लाएंगी की समेट नहीं पाओगे,
लेकिन ये तब होगा, जब बेटी बचाओगे और पढ़ाओगे
बेटी दो परिवार को जोड़ के रखती है,
बेटी, बहन, बहु और माँ बनके सबको प्यार देती है

बेटियों को मान दो,

उड़ने के लिए खुला आसमान दो।

इसलिए आज हम सब शपथ लेते हैं

बेटी बचाएंगे और बेटी पढ़ाएंगे।

निशिता साहू

कक्षा 5

हमारे रिश्ते

आसमान में ग्रह है कितने,

दादाजी के बाल है जितने !

चंद्रमा में शीतलता कितनी,

दादी के दुलार की जितनी!

समुद्र हमारा गहरा कितना,

मम्मी का प्यार है जितना!

क्षितिज हमारे नजदीक है कितना,

पापा के बातों के जितना!

हम सबका है रिश्ता कैसा,

आकाश ,पवन और धरा के जैसा।

-पवन कुमार (प्राथमिक
शिक्षक)

पुरी जगन्नाथ यात्रा

मैंने पूरी के बीच पर

बहुत मजे किए

जब हम पुरी मंदिर घूमने गए

मैंने पुरी मंदिर को

बहुत ध्यान से देखा

भगवान जगन्नाथ से

प्रार्थना किए,

उनके दर्शन किए

घुमा बहुत सारा, खाया पिया खूब

भगवान के आशीर्वाद

और प्रसाद ले

घर को खुशी- खुशी आए।

अंजलि पाल

कक्षा- 3

तितली परी

तितली परी, तितली परी

कितनी सुंदर,

कितनी प्यारी

रंग बिरंगे पंखों वाली

उड़ती फिरती,

डाली डाली

कभी तो आओ

गली हमारी

मिलकर खेलेंगे

आंखमीचोली

तुलसी प्रियदर्शनी

कक्षा -3